

Thank you for your cooperation in preventing the spread of COVID-19.

Avoid high-risk situations, and take proper precautions against infection!

HIGH-RISK SITUATIONS

NO MASK



POOR
VENTI-
LATION



CLOSE
CONTACT



EXTENDED
TIME

1

Drinking Alcohol



After consuming alcohol,
people tend to let down their
guard and remove masks, etc.

2

After-Work Breaks



Due to a false sense of safety,
people tend to converse
without wearing masks.

3

Communal Living



The virus can spread
easily as everyone tends
to act together.

4

Intense Exercising



Virus tends to linger in
the air in closed spaces
with poor ventilation.

5

Before & After
Outdoor Activities



The Three C's can
easily occur in the car
or during meals.



北海道

Hokkaido corona

Search



■ Hokkaido COVID-19 Health Counseling Center

0800-222-0018 (Toll-free)

*Multi-lingual support not provided.

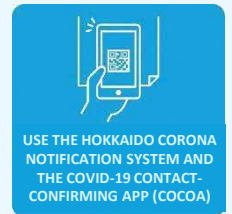
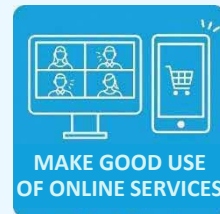
**If you live in Sapporo, Asahikawa, Hakodate, or Otaru, please call the city public health center.

In order to **prevent the spread of infection**, please **thoroughly practice**

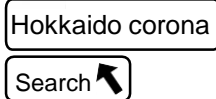
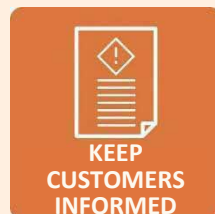
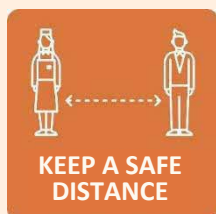
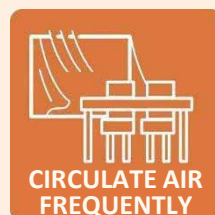
the **New Hokkaido Style** &

7 Prevention Points +1

Residents of Hokkaido,
please practice the **New Hokkaido Style**.



Businesses of Hokkaido,
please practice the **7 Prevention Points +1**.



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